



PRE & POST OP INSTRUCTIONS
(Conscious sedation)

PRE-OP

Take regular medications unless specified by your Physician or Dentist (if medication is taken in the morning, take it with just a small sip of water.)

Sedation appointments start at 7:30 am. No eating or drinking after midnight.

You must have a responsible companion to drive you to the office and care for you for 24 hours.

Avoid smoking 8 hours prior to your dental appointment.

Wear comfortable clothing and stable shoes, (no flip flops or heels.)

Do not wear contacts.

Avoid caffeine for 24 hours prior to your appointment.

POST OP

Do not go up & down stairs.

Do not shower or bathe until the next day.

No alcohol for 24 hours after appointment.

Do not drive or operate machinery for 24 hours.

Have companion call our office to let us know you are home and resting. 540-899-7791.

Do not be responsible for anything the day of your appointment.

Take medications as directed by Physician or Dentist.

Get food and liquids into your stomach as soon as you are able.