



### Instructions for Interim partials and dentures

For the first 24 hours DO NOT remove your denture(s), you will sleep in them. After the 1<sup>st</sup> 24 hours you will remove your denture(s) in the morning, rinse your mouth, reinsert your denture(s) in your mouth. You will sleep in your denture(s) for 4 nights, taking them out every morning to rinse your mouth. You will need to maintain a soft diet while healing.

After the first 5 days it is important to take your denture out at night, rinse it and place it in the soak tub that was provided to you, a soft brush may be used to keep it clean. If sutures were placed, they will dissolve by themselves with in 3 to 7 days or sooner. Do not be alarmed if sutures come out.

Interim dentures and partials are temporary. This means that after extraction sites heal and bone & gums are reshaped, the denture may become loose or ill fitting as time goes on. Using an adhesive may help to keep them in until a new impression can be taken for the new partial or denture. Healing may take up to 6 months, it is best for you to remain in your interim denture(s) as long as possible

Learning how to use your denture may take months and it is not uncommon to have adjustments made, days or weeks after delivery. Reading out loud, singing or whistling can help with the awkward feeling of having a foreign object in your mouth. It will also help you get used to your denture(s) when speaking.